

Living, learning and loving together with Christ.



Gather

Lighting the candle is a sign that we come together with Jesus. Let's just pause for a moment to remind ourselves that Jesus is with us as we pray...



Gather

We gather together
In the Name of the Father
and of The Son
and of The Holy Spirit.
Amen



Gather

Lord Jesus,
I give you my hands to do your work.
I give you my feet to go your way.
I give you my eyes to see as you do.
I give you my tongue to speak your words.
But above all, I give you my heart, that you may love
in me, Your Father and all mankind.



What is Lent?

Lent

When does Lent begin?



Lent

Lent lasts a period of forty days, echoing the period of time Jesus spent in the desert preparing for his public ministry.



Lent

During Lent, Christians devote more time to prayer, charity, and sacrifice as they prepare for the greatest feast in the Church year, Easter – when Jesus rose from the dead.



Lent

Have you done anything extra during Lent?



Lent

Three Lenten Practices

Giving more time to prayer.

Giving up things (fasting).

Giving more to charity



Lent

Three Lenten Practices

You'll know the word practice, because you do it every day.

We practise to become better at something; like practising passes to become a better footballer and a better team player.

What do you practise everyday?

Lent

Three Lenten Practices

Similarly, our Lenten practices help us to become a better Christian; one who supports others, just as a good team player does.

And although Jesus asks us to pray, think of others and give all year round, it's good that in Lent we are reminded of how important it is to practise these more, especially as we prepare for Easter!



Lent

What could you do extra during Lent?



Lent

During Lent we are invited to become friends with Jesus, by spending time with Him in prayer. We do this because we know that the best way to build friendships with others is by spending time with them.



Lent

There are other good ways to build and strengthen friendships too.

Can you think of any?

Listening to each other.

Including people.

Saying sorry and forgiving



Lent

There are lots of different ways we spend time with Jesus in prayer. We can:

Sit quietly and share any worries we have with him.

Go to Mass and be very close to Jesus at communion.

Write a prayer for people we care about.

Sing or play a hymn or worship song for Jesus.

Paint a prayer pebble and leave it for others to find.



Lent

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done on earth as it is in
heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us
and lead us not into temptation,
but deliver us from evil.



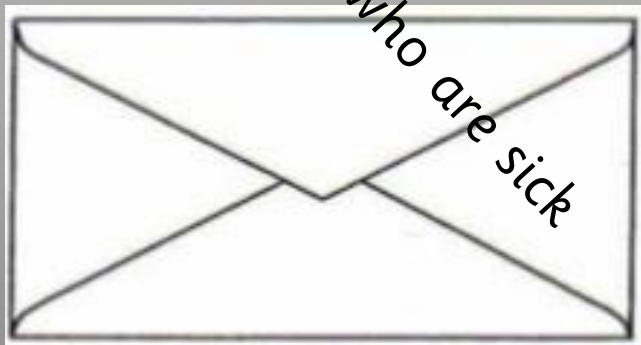
Lent

In the Name of the Father
and of The Son
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Amen



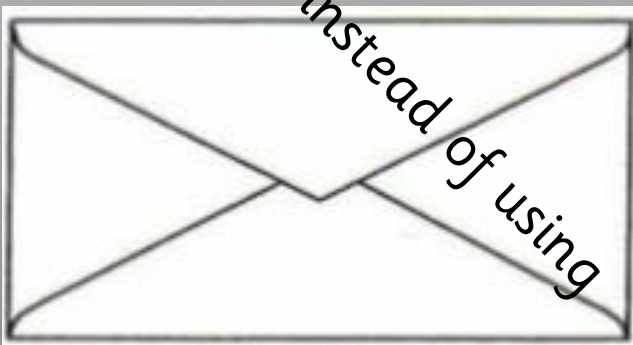
LENT

Pray for people who are sick



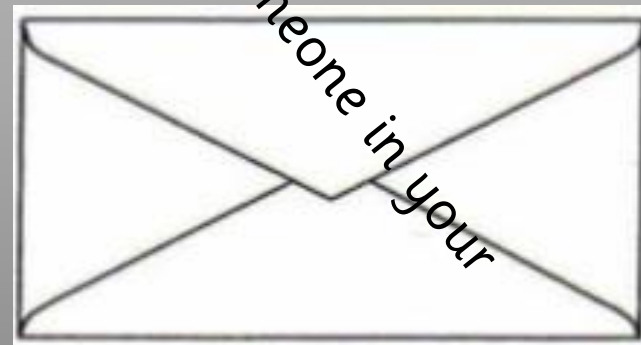
Pray

Read a book instead of using a device

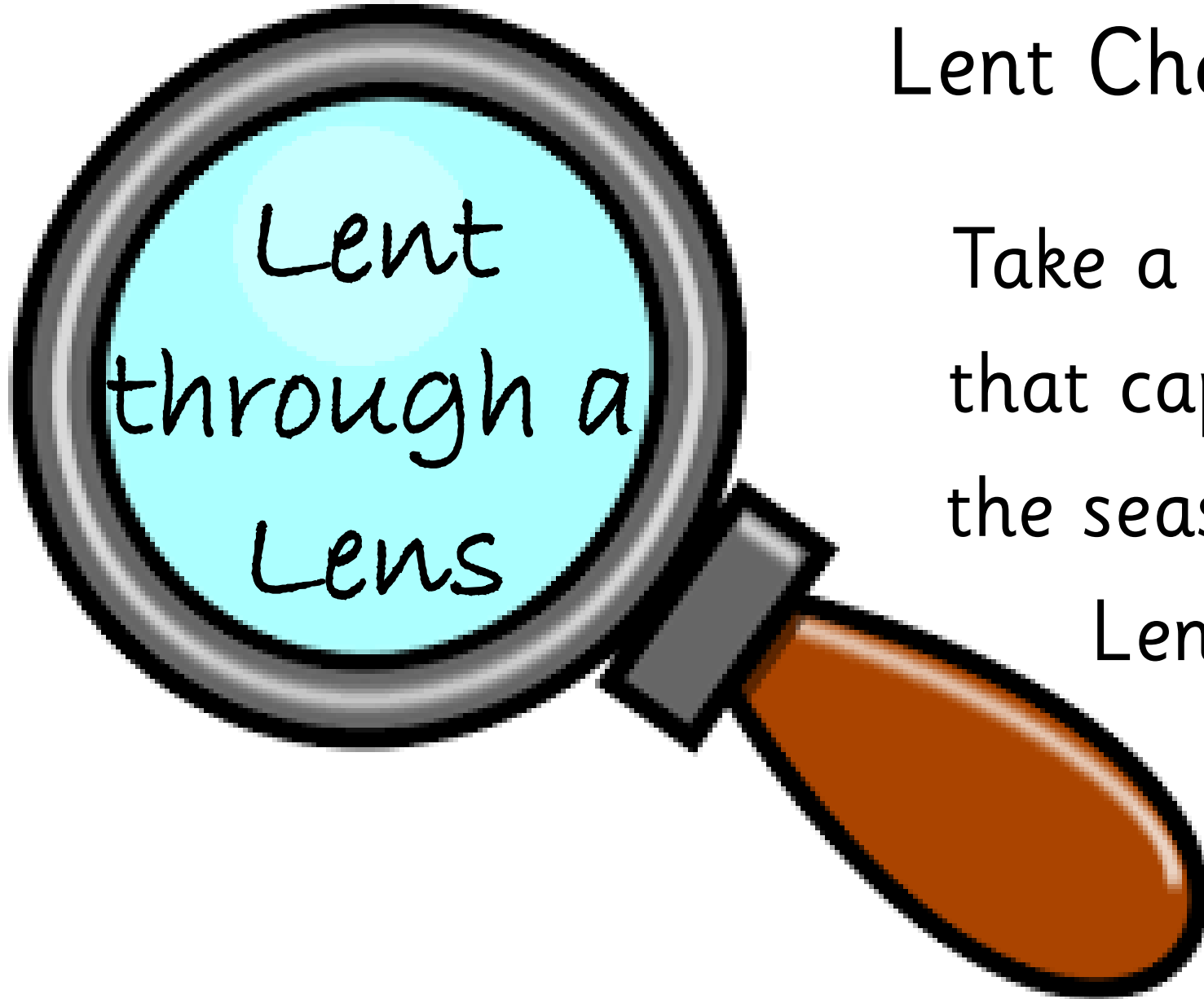


Fast

Send a card to someone in your family



Give



Lent Challenge

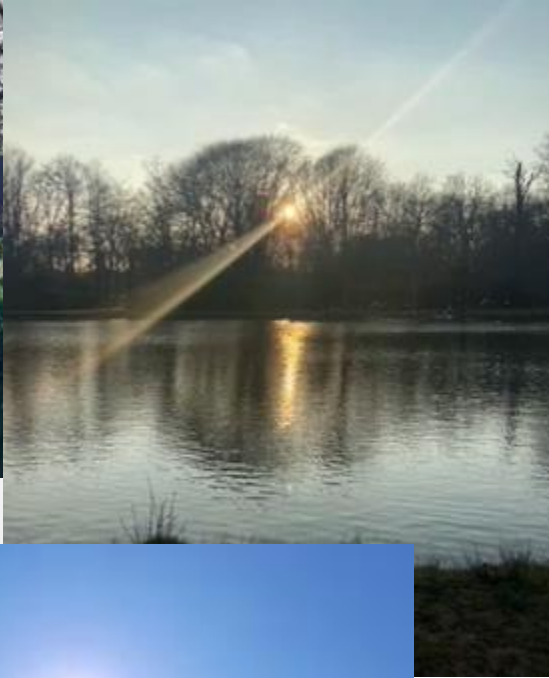
Take a photo that captures the season of Lent.

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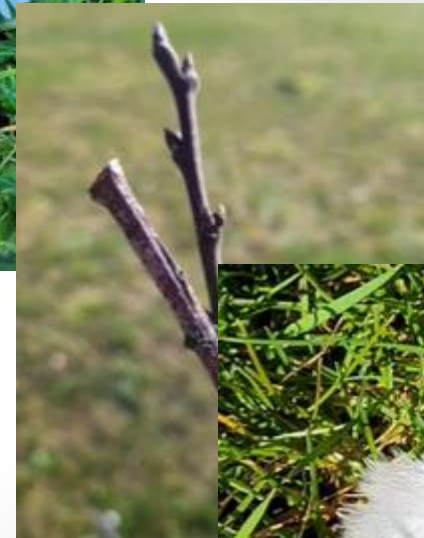
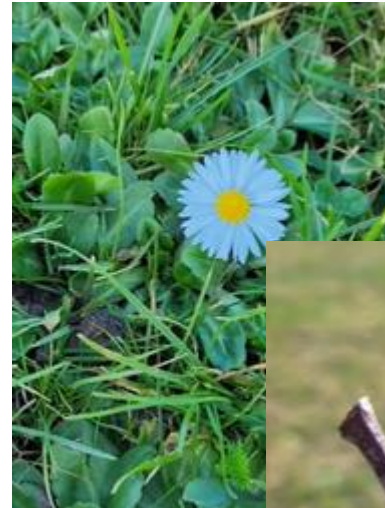


**'Lent is in Spring.
The crosses remind
us that Jesus died.
We keep the crosses
in our garden.'**

Jesus, the light of the world.



Hope this Lent



Take a photo that symbolises Lent and what the season of Lent means to you. You can write an explanation or just take the photo.



We would love to see your photos.

Email it



Bring it in



New life.