

I can laugh and have fun.

Doctors tell us that laughter is a good medicine. In other words, laughing is good for us and we should laugh and have fun many times each day.



None of us were around when God made the world but some wise men who wrote a book in the Old Testament called the Book of Wisdom, described God as playing and having fun when He was making the world.

The Bible tells us that we are made in God's image and likeness.

In other words we are to be like God.

Having fun and laughing is being like God.

There are many stories in the Bible about Jesus eating and drinking and going to parties with his friends.

Jesus liked to laugh and have fun too!

