



Primary School Lunch Menu

SEPTEMBER - FEBRUARY



Planet Friendly Days

(Menu Option 3wnh)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 	FRIDAY
Main Course	Roast BBQ Chicken Fillet Savoury Rice (v)	Oven Baked Pork Sausage Yorkshire Pudding Mashed Potato	Mexican Style Minced Beef Taco Garlic Mayo Dip (v), Savoury Rice	Handmade Margherita Pizza Slice (v) Crispy Diced Potato (v)	Crispy Fish Fingers or Salmon Fingers Chips (vg)
Main Course	Classic Spaghetti Napoli (v) Garlic Bread (v)	Oven Baked Quorn Sausage Yorkshire Pudding (v) Mashed Potato (v)	Planet Friendly Fajita (v) Garlic Mayo Dip (v) Savoury Rice (v)	Handmade Supreme Pizza Slice (v) Crispy Diced Potato (v)	Golden Lentil & Tomato Soup (vg) & Cheese Sandwich (vg)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Fruity Oat Cookie (v)	Sticky Orange Sponge with Custard (v)	Frozen Yoghurt (v)	Sliced Banana with Chocolate Custard (v)	Ginger Cake (v)
Week 2	MONDAY	TUESDAY 	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Melting Meatball Marinara Sub Crispy Diced Potato (v)	Homemade Cheese & Potato Pie (v) Roast Potato (v)	Traditional All-Day Breakfast (Pork Sausage, Hash Brown, Beans, Omelette)	Classic Spaghetti Bolognese Garlic Bread (v)	Battered Fish Chips (vg)
Main Course	Mighty Quorn Meatball Marinara Sub (v) Crispy Diced Potato (v)	Rich Plant Power Ragu Penne Pasta (vg) Crusty oven Baked Bread (v)	Traditional All-Day Breakfast (v) (Quorn Sausage, Hash Brown, Beans, Omelette)	Creamy Mac & Cheese (v) Garlic Bread (v)	Smoked Sausage & Mushroom Goulash (vg) Steamed Rice (v)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Arctic Ice Cream Roll (v)	Lemon Drizzle Cake (v)	Pancakes with Sliced Banana & Golden Syrup (v)	Chocolate Shortbread (v)	Fruit Medley with Jelly (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 	FRIDAY
Main Course	Crispy Chicken Burger in a Bun Skin on Wedges (v)	Oven Baked Corned Beef Hot Pot Oven Baked Crusty Bread (v)	Golden Sausage Roll Roast Potato (v)	Handmade Margherita Pizza Slice (v) Pasta Quills (v)	Crispy Fish Finger or Salmon Finger Wrap
Main Course	Mighty Quorn Burger in a Bun (v) Skin on Wedges (v)	Homemade Cottage Pie (vg) Oven Baked Crusty Bread (v)	Golden Crisp Quorn Twist (v) Roast Potato (v)	Supreme Plant Power Pizza Slice (v) Pasta Quills (v)	Creamy Quorn Masala Curry (v) Steamed Rice (v) Naan Bread (v)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Jacket Potato – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Fruity Oat Cookie (v)	Jelly with Fruit Salad (v)	Iced Sponge with Custard (v)	Mixed Fruit Flapjack (v)	Blueberry Crumble Muffin (v)

Week 1

Week 2

Week 3

01 Sept 25

22 Sept 25

13 Oct 25

10 Nov 25

01 Dec 25

05 Jan 26

26 Jan 26

08 Sept 25

29 Sept 25

20 Oct 25

17 Nov 25

08 Dec 25

12 Jan 26

02 Feb 26

15 Sept 25

06 Oct 25

03 Nov 25

24 Nov 25

15 Dec 25

19 Jan 26

09 Feb 26

CHOICE OF DRINKS:

Chilled Water
Reduced Fat Milk (v)

Menus are subject to availability
(vg) Plant-Based and Planet-Friendly
(v) Suitable for Vegetarians

Newcastle
City Council 