

Dear families,

At St Oswald's Catholic Primary School, fostering an environment that supports pupil mental health and wellbeing is a top priority. To help achieve this, we have invested in The Wellbeing Hub, a resource developed by experts in child and adolescent mental health and wellbeing. We are pleased to offer all parents and carers free access to this valuable resource.

## \*As a member of The Wellbeing Hub, you will benefit from:



You can view a guided video tour of The Wellbeing Hub for Parents <u>HERE</u>, and support for downloading the web app to your desktop or phone home screen can be found <u>HERE</u>.

Our agreement with The Wellbeing Hub also supports our entire school community, providing staff with a 10-part course designed to further assist your child within the school environment.

## **Accessing The Wellbeing Hub**

You can register by clicking <u>HERE</u> or by scanning the QR Code at the bottom of this page. During registration, you'll be prompted to set a password and will receive a welcome email with full details.

For any specific queries about access, please contact the team at info@teentips.co.uk.

All Staff and Pupils aged 10+ also have access to the platform, aligning with our school's efforts. Parents are encouraged to guide your young people towards resources they may find helpful.

We are excited to offer this enhanced level of pastoral support and hope you find The Wellbeing Hub valuable for you and your family. We welcome your feedback.

Best wishes,

Mr Marley

