

Whole School Core Subjects Overview-RHE sessions



OSWA	015							
		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Autumn	-Handmade in Love -I Am Me -Head, Shoulders., Knees and Toes -Ready Teddy?	-Let the Children Come to Me -I am Unique	-Girls and Boys* -Clean and Healthy	-Get Up -The Sacraments -We Don't Have To Be the Same	-What Is Puberty?* -Changing Bodies* -Boy/Girl Discussion Groups*	-Calming the Storm -Gifts and Talents -Body Image -Funny Feelings*	Spots and Sleep* -Seeing Stuff Online* -Making Babies (Part 1)* -Making Babies (Part 2) -Menstruation*
	Spring	-I Like, You Like, We All Like -Good Feelings and Bad Feelings -Let's Get Real -Growing Up -Role Model -Who's Who? -You've Got a Friend in Me -Forever Friends	-Feelings, Likes and Dislikes -Feelings Inside and Out -God Loves You -Special People -Treat Others Well -Say Sorry	-Super Susie Gets Angry -The Cycle of Life* -Being Safe* -Good Secrets and Bad Secrets*	-What Am I Feeling? -What Am I Looking At? -I am Thankful -Jesus My Friend	-Life Cycles -Sharing Online -Chatting Online -Safe In My Body*	-Emotional Changes -Is God Calling You? -Under Pressure -Do You Want a Piece of Cake? Self Talk	-Sharing Isn't Always Caring -Cyberbullying -Types of Abuse*
	Summer	-Forever Friends -Safe Inside and Out -My Body, My Rules -Feeling Poorly -People Who Help Us -God Is Love -Loving God, Loving Others -Me, You, Us	-Three in One -Who is My Neighbour?	-Physical Contact* -Harmful Substances -Can You Help Me? -The Communities We Live in	-Friends, Families and Others -When Things Feel Bad -A Community of Love -What Is the Church?	-Drugs, Alcohol and Tobacco* -First Aid Heroes -How Do I Love Others?	-The Trinity -Catholic Social Teaching -Girls' Bodies* -Boys' Bodies*	-Impacted Lifestyles* -Making Good Choices -Giving Assistance -Reaching Our Potential
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