

I can tell you how I look after myself.

In our reading today we are told that God made us all just to be like God. If we're all made to be like God then we must be special and we need to know how to look after ourselves.

A reading from the Book of Genesis.

God created man and woman.
God created them to be like
God.

They could know and love God.
They could know and love one
another. God blessed them.
The word of the Lord.



This week we have been thinking about how we look after ourselves and each other. We need to remember that God made us and that we have a responsibility to look after ourselves and each other
Let's thank and praise
God for the gift of
ourselves and each other

God loves me and wants me to look after myself”.

God our Father we thank you for making each one of us.
Thank you for our special gifts