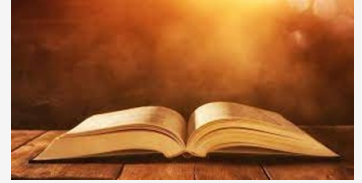


I understand the importance of peace



This week we are going to think about the importance of peace. Being calm and peaceful in ourselves helps us to be at peace with each other. Jesus understood this and in our gospel reading we will hear how he gave us a special gift to help us.



Jesus has promised us that he will give us his peace. All around us are people who will help us to find that peace. The people at home, the adults in school and our friends will help to sort out the things that worry us and calm our fears.

Jesus said
“Peace I give to you.
My own peace I
leave with you.
A peace which no-one
else can offer,
This is my gift to you.
Don’t ever let your hearts
be troubled or afraid.
My gift to you is my peace.”
The Gospel of the Lord

