

Domestic abuse – Where to get help during the Covid-19 pandemic

For 2 million victims of domestic abuse, home may not be the safe place it should be.

We can help and support you if you are experiencing domestic abuse, you can contact Northumbria Police by **telephone on 101**, or online via **www.northumbria.police.uk**

However in an emergency, always **call 999**. If you dial 999 and are unable to speak, the emergency operator will ask you to dial 55 and to follow their instruction to quickly put you in touch with Police.

Northumberland
DASN – Domestic Abuse
Service Northumberland
01670 820199

North Tyneside
Harbour
0191 2513305

Gateshead
Domestic Abuse Team Gateshead
0191 4333333

Newcastle
NIDAS – Newcastle
Integrated DA Services
0191 2146501

South Tyneside
Impact Family Services
0737 5788835

Sunderland
Wearside Woman In Need
0800 0665555

Angelou Centre
(support for BME/refugees)
0191 2260394

National Domestic Abuse Helpline
0808 2000247

Men's Advice Line
0808 8010327

National LGBT+
Domestic Abuse Helpline
0800 9995428